



Clinical trials utilizing bio-markers as outcome measures to develop therapeutics for core symptoms of autism spectrum disorders.

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December 12 (Thursday), 2013 16:00-17:00 1F Seminar Room, BSI Central Building

Abstract

Autism spectrum disorders (ASD), which prevail as high as 1 in 100 individuals, currently have no established pharmacological treatment. By utilizing multimodal magnetic resonance scans (i.e. functional magnetic resonance imagings, magnetic resonance spectroscopy, and diffusion tensor imaging), we successfully detected a positive effect of single dose oxytocin on neural and behavioral indices representing socio-communicational deficits, which constitute the core symptoms of ASD. The findings from the trial of single dose oxytocin made a path to conduct further trial of effect of long-term administration of this neuropeptide on severity of autistic symptom itself. We are now trying to develop a novel therapeutics for core symptoms of ASD by uncovering neurobiological mechanisms underlying oxtocin's effect with a combination method of clinical assessment, neuroimaging, and molecular level analysis.

Host: Hiro. Nakahara Lab for Integrated Theoretical Neuroscience